September 2024

Monday	Tuesday	Wednesday	Thursday	Friday	FRESH
2 Labor Day	3 BISCUIT & SAUSAGE CHICKEN NUGGETS HOUSE SALAD GREEN BEANS WW ROLL SLICED ORANGE	4 PIG-N-BLANKET NACHOS PINTO BEANS SPANISH RICE LETTUCE TOMATO SALAD SLICED PEACHES	5 BREAKFAST PIZZA BEEFY MAC & CHEESE SLICED CARROTS HOUSE SALAD DICED PEARS PUDDING	6 WAFFLES CHEESE PIZZA CORN HOUSE SALAD FRESH FRUIT	Announcements: BREAKFAST CHOICE OF FRUIT CHOICE OF JUICE CHOICE OF MILK
9 MUFFIN & YOGURT CHICKEN STRIPS MASHED POTATOES GREEN BEANS WW ROLL MIXED FRUIT	10 CHICKEN & BISCUIT SPAGETTI W/ MEAT SAUCE WW BREAD TICK SLICED CARROTS HOUSE SALAD BANANA	11 POTATO & EGG TACO TERIYAKI MEATBALLS BROWN RICE CHERRY TOMATOES BROCCOLI NORMANDY DICED PEACHES	12 FRENCH TOAST CHICKEN FAJITA TACO SPANISH RICE PINTO BEANS LETTUCE & TOMATOES JELLO	13 UNCRUSTABLES PB&J CHEESE BURGER FRIES BURGER SALAD FRESH FRUIT	FOR BEAKFAST STUDENT MUST TAKE 3 ITEMS . ONE OF THEM MUST BE A FRUIT OR A JUICE.
16 BREAKFAST BARS CORNDOGS TATER TOTS BABY CARROTS SLICED PEARS	17 BISCUIT & SAUSAGE CHICKEN ALFREDO WW BREADSTICK BROCCOLI NORMANDY HOUSE SALAD SLICED ORANGES	18 PIG –N-BLANKET SAULISBURY w/GRAVY BROWN RICE SWEET POTATOES GREEN BEANS SLICED PEACHES	19 BREAKFAST PIZZA BEAN CHALUPAS SPANISH RICE PINTO BEANS LETTUCE & TOMATO SALAD MIXED FRUIT	20 WAFFLES CHEESE PIZZA CORN HOUSE SALAD FRESH FRUIT	LUNCH: CHOICE OF FRUIT CHOICE OF MILK STUDENT MUST TAKE 3 OUT OF 5 COMPONENTS. ONE
23 MUFFIN & YOGURT MINI CORNDOGS BROCCOLI & CHEESE HOUSE SALAD DICED PEARS	24 CHICKEN & BISCUIT ENCHILADA CASSEROLE SPANISH RICE PINTO BEANS LETTUCE & TOMATOES BANANA	25 POTATO & EGG TACO CHICKEN SPAGHETTI WW BREADSTICK BROCCOLI NORMANDY HOUSE SALAD DICED PEACHES	26 FRENCH TOAST STEAK FINGERS MASHED POTATOES GREEN BEANS TOAST ROSY APPLESAUCE	27 UNCRUSTABLE PB & J TURKEY & CHEESE SANDWICH PICKLE SPEAR CHIPS FRUIT	OF THEM MUST BE A FRUIT OR A VEGETABLE. EXTRA ENTRÉE \$1.50
30			Wate	ermelon	MILK W/OUT A MEAL \$0.50

BREAKFAST BARS HOT DOGS CHILI & CHEESE BAKED BEANS CHERRY TOMATOES CHIPS SLICED PEARS



Season in Texas: May - October Did you know? You can eat the entire watermelon; some people make sweet pickles out of the rind **XAS FARM**



Food and Nutrition Division www.SquareMeals.org

TEXAS DEPARTMENT OF AGRICULTURE **COMMISSIONER SID MILLER**

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